



FOOD FOR NEIGHBORS®

GROCERY LIST

Items should come INDIVIDUALLY packaged; no glass containers.

- Shelf stable milk cartons (chocolate preferred)
- Meals – Prego Ready Meals, Barilla pasta entrees and Hormel Compleats
 - Individual Cup of Noodle (water is only added ingredient)
 - Individual Mac & Cheese (water is only added ingredient)
 - Packs of cheese or peanut butter crackers
 - Fruit cups in 100% juice
 - Bars (granola, Clif, fruit) – look for high protein
 - Individual cups of instant oatmeal (cups are easier for students, but packets are ok, too)
 - 100% juice boxes or pouches (no glass bottles)
 - Chicken or tuna snack packs with crackers, or snack pouches
 - Packets of trail mix
 - Beef jerky

Grocery store gift cards are also accepted.